



VTCT Level 3 Diploma Flower Essences

Who can do this course?

All therapists with an interest in the holistic approach to health & well-being through the use of a variety of flower essences.

What is involved in the course?

Learning the principles of using & choosing flower essences whilst incorporating the use of interpersonal skills.

What is the qualification and how is it gained?

This is a Level 3 VTCT Diploma in Flower Essences. You will attend two days training at Clanfield Farm House where the theory & practical sessions will be covered in full. Workbooks/portfolios are provided and all equipment of the training is supplied during the course. Once the two days training has been completed you will practice this therapy documenting all treatments in the portfolio provided. On return to the centre you will be required to complete assessments to show competence in this specialist field before certification can be awarded. You will be required to complete case study work away from the centre & a research assignment for ranges of flower essence available. There is also a final test paper to ensure competence in this specialist field.

How is the course taught?

All flower essence theoretical & modular anatomy & physiology text booklets have specific homework questions to be completed by the student as they progress through the course. A designated tutor will support the students and sign off completed work. Electronic communication & regular phone calls will be available over the training period.

What will I require to do the course?

Students will be required to train in a professional uniform. The Glasshouse Therapy Centre (GHTC) can provide a therapist's uniform order sheet supplied on request. Students will be provided with a training manual but will need to supply their own notepaper & pens.

What will I learn?

1. You will experience & evaluate different flower essence & their benefits
2. Client consultation & contraindications prior to commencing a treatment
3. Selection of essences & application techniques

Centre Contact Details

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www.theglasshousetherapycentre.co.uk

4. How flower essences can be integrated with other therapies
5. Client aftercare and use of flower essences in the home

Anatomical Study

1. The skin
2. Blood Vascular
3. Olfactory system
4. Respiratory system
5. Endocrine system
6. Nervous system

Flower Essence student kit

A selection of essences to complete case study work away from the centre will be required. The cost of this kit is currently under negotiation to ensure an excellent discount price for students attending GHTC training. An order form can be provided on booking but students can source their own essences if desired. The range of essences is detailed in the student portfolio once enrolment is completed.

Length of course

This is a 2-day course, which involves distance learning and a final assessment day to be negotiated between the centre & student

Course fees

The course fee is £250 to include assessment day

Accommodation Options

- The Brookfield Hotel – GHTC student single room discount £80 per night
www.brookfieldhotel.co.uk
- Private Bed & Breakfast £45 per night includes Continental/English breakfast

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