



## **VTCT Level 3 Diploma Crystal Therapy**

### **Who can do this course?**

All therapists with an interest in the benefits & healing powers of crystal therapy.

### **What is involved in the course?**

Crystal Theories, attributes & the history behind this therapy will be studied over the two days to ensure a thorough understanding is gained.

### **What is the qualification and how is it gained?**

This is a Level 3 VTCT Diploma in Crystal Therapy. You will attend two days training at Clanfield Farm House where the theory & practical sessions will be covered in full. Workbooks/portfolios are provided and all equipment of the training is supplied during the course. Once the two days training has been completed you will practice this therapy documenting all treatments in the portfolio provided. On return to the centre you will be required to complete assessments to show competence in this specialist field before certification can be awarded.

### **How is the course taught?**

All modular anatomy & physiology text booklets have specific homework questions to be completed by the student as they progress through the course. A designated tutor will support the students and sign off completed work. Electronic communication & regular phone calls will be available over the training period.

### **What skills will I learn?**

1. You will spend time exploring different crystals and their benefits.
2. The importance of cleansing, energising and resting crystals
3. Client consultations and contraindications, discussing the concept of crystal therapy - *Balancing, protection and grounding for the therapist and client*
4. Crystal therapies, including the benefits of selected crystals, placements and dowsing
5. Understanding the concept of auras and chakra balancing when working with crystals
6. Using visualisation, breathing and meditation with crystals
7. How crystals may be used with other therapies
8. Choosing the right crystals for your client
9. Client aftercare and use of crystals in the home
10. Benefits of using crystal massage wands, palm stones and tumble stones

### **Centre Contact Details**

Mrs Samantha Pugh – The Glasshouse Therapy Centre UK LTD –Clanfield Farmhouse 14 South Lane Waterlooville Hampshire P08 0RA Phone **023 9259 9199**

[info@theglasshousetherapycentre.co.uk](mailto:info@theglasshousetherapycentre.co.uk)

[www.theglasshousetherapycentre.co.uk](http://www.theglasshousetherapycentre.co.uk)

**What will I require to do the course?**

Students will be required to train in a professional uniform. The Glasshouse Therapy Centre (GHTC) can provide a therapist's uniform order sheet supplied on request. Students will be provided with a training manual but will need to supply their own notepaper & pens.

**Length of course**

This is a 2-day course, which involves distance learning and a final assessment day to be negotiated between the centre & student

**Course fees**

The course fee is £250 to include assessment day

**Accommodation Options**

- The Brookfield Hotel – GHTC student single room discount £80 per night  
[www.brookfieldhotel.co.uk](http://www.brookfieldhotel.co.uk)
- Private Bed & Breakfast £45 per night includes Continental/English breakfast

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