



VTCT Level 3 Certificate in Swedish Massage (IIHHT)

Who can do this course?

For anyone interested in holistic therapy and would like to learn to use massage to treat stress and muscle tension. This course is a lovely way to start in the world of holistic therapy.

What is involved in the course?

Learning all massage movements and techniques involved in performing a full body massage. You will study related anatomy and physiology, hygiene and legislation.

What is the qualification and how is it gained?

This is a VTCT Level 3 Swedish Massage Certificate. The qualification is gained through practical assessment & a portfolio of evidence. A written test will be required.

How is the course taught?

Theory and practical work will be completed at the Glasshouse Therapy Centre (GHTC). Home study is essential to gain experience and further evidence for the student portfolio. Clients will be provided by the Glasshouse Therapy Centre (GHTC) during the course.

What skills will I learn?

The skills required to complete a part or full body massage to industry standards.

What will I require to do the course?

Students will be required to train in a professional uniform and a therapist's uniform order sheet can be supplied on request. Students will be provided with a training manual, however, notepaper and pens will be required.

Equipment costs to the student

The GHTC will provide basic equipment to use during the course. However, students will be required to purchase a professional Body Massage kit for continued use away from the centre. The kit cost is approx £20. Order form supplied on booking.

Length of course

This is a 5-day course with a final assessment day to be negotiated between the centre & student

Centre Contact Details

Mrs Samantha Pugh – The Glasshouse Therapy Centre UK LTD –Clanfield
Farmhouse 14 South Lane Waterlooville Hampshire P08 0RA Phone **023 9259 9199**

info@theglasshousetherapycentre.co.uk

www.theglasshousetherapycentre.co.uk

**When can I start the course?**

All training completed at GHTC is bespoke and delivered to suit your busy timetable. You may join another course and a simple phone call will inform you of dates.

Course fees

Five days training & final assessment day £500

Accommodation Options

- \local accommodation available on request

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