



*Samantha,
Dale*

*GHTC
pricelist*



treatments and therapies

waxing

half leg wax	£14.50
three quarter leg wax	£18.00
full leg wax	£20.00
full leg and bikini	£29.00
bikini	£9.00
lip or chin	£9.00
lip and chin	£13.00
eyebrow	£8.00
forearm	£14.00
underarm	£9.00
back or chest wax	£21.00

advanced waxing

brazilian wax (2/3 finger width)	£24.00
playboy wax (1 finger width)	£26.00
californian (triangle)	£26.00
hollywood (removal of all hair)	£26.00

male waxing

back or chest	£21.00
intimate waxing (genital area)	from £40.00

for intimate waxing on both men and women I use 'HIVE' hot wax. This product is full of plasticides, which produces smooth, clean results and is more comfortable.

eye treatments

eyebrow shape	£8.00
eyelash tint*	£12.00
eyebrow tint*	£8.00
lash and brow tint*	£17.00

**before your first tinting session a 24 hour patch test is required*

caflon ear piercing

The treatment includes gold studs and aftercare solution.	£16.00
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specialist thai aroma manicure

This treatment will include specialist Thai products to cleanse, exfoliate, nourish, smooth, replenish and moisturise. The treatment is completed with hot Carribean oil and deep massage before the OPI enamel and china glaze of your choice...	£28.00
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total hand luxury...

specialist thai aroma pedicure

Transform your feet with 1 hour of intense pedicure treatment. The treatment includes full cuticle and hard skin removal, cleanse, exfoliate, nourish, smooth, replenish and moisturise with hot Carribean oil to seal. Completed with deep massage and an OPI enamel with china glaze to complete the look...	£28.00
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pedicure heaven...

french manicure finish	
Thai manicures and pedicures with french enamelling.	£32.00
re-shape and polish	
Removal, shape and re-application of polish	£13.00

electrolysis / electrotherapy

This treatment permanently removes hair from unwanted areas - the highest quality, sterex sterile disposable needles are used.

diathermy

15 minutes	£11.00
course of 10	£99.00
30 minutes	£19.50
course of 10	£175.50

blend for faster results

15 minutes	£13.50
course of 10	£121.50
30 minutes	£23.50
course of 10	£211.50

red vein treatment

Removal of small capillaries on the face and body. Using sterex gold sterile needles only per 30 minute session £35.00
initial consultation and test area* £10.00
**before treatments commence an initial full consultation and test area must be completed.*

skin tag removal

Removal of unsightly skin tags using sterex sterile needles only £55.00
initial full consultation and test area* £10.00
**before treatments commence an initial full consultation and test area must be completed.*

medical sclerotherapy

This treatment removes unsightly vessels in the legs.
medical clearance £50.00
(redeemable against 1st treatment) £40.00
per treatment £130.00

specialist massage treatments

Massage can be relaxing or invigorating. A stimulating oil is used for the Swedish massage and aromatherapy uses pre blended oils depending on your physical, emotional balance.

full swedish body massage £40.00

A one hour massage using 'Pure Basil' and 'Black Pepper' essential oils to stimulate the body and awaken muscles.

back neck and shoulder massage £24.00

Thirty minutes of concentrated massage using 'Pure Lavender' and 'Neroli' essential oils to relieve tension and stress.

aromatherapy

Pre blended essential oils selected for you.

full body £55.00

One hour of therapeutic massage to soothe, de-stress and reduce aching muscle spasms and pain.

This treatment will encourage an intrinsic equilibrium and tranquility.
back, neck and shoulder massage £28.00

Thirty minutes of soothing massage techniques to drain away tension, stress and fatigue whilst you inhale a blend of essential oils to include 'lavender', 'juniper berry' and 'neroli'.

treatments and therapies

specialist deep tissue massage and infra-red heat

full body massage

£42.00

One hour of Infra-red technology, which provides a heat source to compliment your massage. The heat energy encourages absorption of the creams/oils, penetrates the muscles deeply allowing for deep tissue massage to successfully detoxify muscles and reduce the aching and pain associated with muscle fatigue.

back, neck and shoulder massage

£30.00

Thirty minutes of Infra-red heat and concentrated massage will relax tight muscles and soothe irritated nerves.

specialist back treatment

£25.00

Includes cleansing, exfoliation, steaming, extraction and light massage to complete.

st tropez tan treatment

The safest and easiest way to look tanned, healthy and feel great. Treatment includes exfoliation and moisturise.

full body

£43.00

face, shoulders and arms

£22.00

full leg and arms

£35.00

please wear loose clothing when attending for this treatment

pamper box 1

3 hours

Spoil yourself and enjoy a relaxing session in the Glasshouse. Enjoy a Guinot Liftosome facial, de-stressing back massage and a fabulous Thai manicure with an enamel and glass glaze of your choice. Treatment time is three whole hours of bliss.

£100.00

pamper box 2

4 hours 15 min

Take time to completely relax in total beauty tranquility and provide yourself with these ultimate treats. The day includes a Guinot Hydradermie facial, aromatherapy back, neck and shoulder massage, Thai manicure & a Thai pedicure all completed with an OPI enamel and glass glaze of your choice.

£150.00

guinot hydradermie treatments

The Guinot Hydradermie facial is the most advanced beauty salon treatment for maintaining a balanced, healthy complexion. It deep-cleanses, oxygenates and regenerates the skin. Regular Hydradermie treatments offer immediate and lasting results: they improve hydration in the skin, reduce sebum levels in oily skin, and reduce average wrinkle depth in lined skin.

facials

hydradermie facial

A superior facial with an international reputation - deep cleansing, regenerating and hydrating.

1 hour 15 minutes £48.00
course of 6 £250.00

hydradermie plus

Deluxe facial treatment firming, toning, revitalising, focusing on delicate areas and includes luxurious Serenity Massage (unique to Guinot) with relaxing essential oils.

1 hour 45 minutes £69.00
course of 6 £362.00

hydradermie lift yeux treatment

Concentrated non surgical, anti-aging treatment for the eyes, reducing the signs of aging, fatigue and puffiness. Rehydrates and regenerates.

1 hour £45.00
course of 6 £232.00

hydradermie lift ultra: express and liftosome

Non-surgical face lifting combined with a concentrated facial containing the famous Vitamin C thermic mask from Liftosome.

1 hour 30 minutes £69.00

hydradermie lift deluxe: express and hydradermie plus

Combining the hydradermie deep cleanse and hydration with the microcurrent lift, firming, defining and radiance with concentrated work around the eyes. Includes the Guinot specialist eye drainage massage techniques and Serenity Massage to complete total luxury.

2 hours 15 minutes £89.00

liftosome facial

The perfect facial for a special occasion. Developed for mature skins and based on orange extract, ginseng and collagen. Stimulating, through a concentrated vitamin C thermic mask, this facial leaves the skin energised, firmed and regenerated. Guinot recommend a course of two facials over two successive weeks.

1 hour £49.00

All the above 'Guinot' treatments are available to gentlemen (Tres Homme Treatment).

A full men's range is available on request.



advanced facial treatments

CACI computer aided cosmetology instrument non-surgical face lifting

CACI is an award winning system. It achieves a reputation with the rich and famous for the leading non- surgical face lifting machine in the cosmetic industry with the most advanced technology.

The CACI treatment uses 'microcurrent technology' this means it is able to penetrate deeply into the belly of the muscle working with your body's own bio-electrical field. This advanced technology also enhances skin tissue repair thus achieving toned muscles, reduction in fine lines and smoothing of wrinkles. For ultimate results a course of facials is required and then one facial a month for maintenance.

CACI facial (1 hour)	£45.00
CACI Course (10 facials)	£400.00

microdermabrasion

Microdermabrasion is the exfoliation of the skin completed by a hand held device that uses fine grade crystals which flow over the skin. This process takes away the dead skin from the surface and encourages cellular renewal below. This skin exfoliating process improves skin tone and texture providing a smooth radiant finish. This treatment includes a soothing nutrient mask.

This treatment benefits..

- lines and wrinkles
- whiteheads
- blackheads
- oily, dry or patchy skin
- sun damaged skin
- thickened corneum layer

microdermabrasion facial (1 hour)	£45.00
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spa therapy

spa body thermal therapy treatments

Thermal treatments use the power of heat to intensify body therapy products. Your skin will benefit from the range of treatments below as they deliver total pampering and amazing results.

salt body glow treatment

A body scrub is an invigorating treatment to remove dead skin cells, stimulate your circulation and increase cellular renewal to give a refined, polished look to the skin surface. This treatment includes a warm shower and the application of a body hydrating cream to complete that silky skin feeling.

Treatment time 1 hour £40.00

deep aromatic hydration

A warm shower to exfoliate and cleanse the skin, then relax and be re-energised by hydrating aromatherapy balm and creams. The effects are intensified as you are encompassed within a heated blanket. After 20 minutes any remaining balm and cream is encouraged into the skin with gentle massage to complete this skin softening, hydrating treatment.

Treatment time 1 hour £55.00

full body thermal detox cleanse - purify - detoxify

A thermal body treatment that utilises 'earth clays and sea minerals' to exfoliate and detoxify the skin. This spa treatment draws out environmental stress and toxins. After a shower, skin is fresh and invigorated ready to receive a thirty minute pressure point massage using a nourishing, hydrating fruit cream to relieve aching muscles and rebalance the body.

Treatment time 1 hour 30 minutes £70.00

Robes, slippers and disposable pants are provided for your comfort and convenience. If medical conditions exist or if you are pregnant, check with Samantha prior to booking your body treatment.

A personal consultation and treatment times are available to suit your personal needs and can be made by a phone call to:

*Samantha Dale Patricia Pugh,
07928 806807*

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PLEASE NOTE:

Treatment courses will need to be paid in full prior to the course commencing.

Guinot products and gift vouchers are available.

Cash and cheque payment only

Professional Beauty Therapy Training Available.

Director/Principial

Mrs. Samantha D P Pugh

(Cert Ed Ports Uni)

Professional Senior Therapist,

Private Training Consultant and National Examiner

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